



**Council on
Compulsive Gambling
of Pennsylvania, Inc.**

These 20 Questions are from the Gam-Anon Fellowship
Are You Living With A Compulsive Gambler?

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| Do you find yourself constantly bothered by bill collectors? | Yes • No |
| Is the person in question often away from home for long, unexplained periods of time? | Yes • No |
| Does this person ever lose time from work due to gambling? | Yes • No |
| Do you feel that this person cannot be trusted with money? | Yes • No |
| Does he/she promise to stop gambling; beg, plead for another chance, yet gamble again and again? | Yes • No |
| Does this person ever gamble longer than he or she intended to, until the last dollar is gone? | Yes • No |
| Does this person immediately return to gambling to try to recover losses, or to win more? | Yes • No |
| Do they gamble to solve financial problems/have unrealistic expectations about results of gambling? | Yes • No |
| Does this person borrow money to gamble with or to pay gambling debts? | Yes • No |
| Has their reputation suffered from gambling, even by committing illegal acts to finance gambling? | Yes • No |
| Have you hidden money, knowing that you/your family may go without food/clothing if you do not? | Yes • No |
| Do you search his/her clothes and/or wallet, or otherwise check on his/her activities? | Yes • No |
| Does the person in question hide his or her money? | Yes • No |
| Have you noticed a personality change in the gambler as his or her gambling progresses? | Yes • No |
| Does the person in question consistently lie to cover up or deny his or her gambling activities? | Yes • No |
| Does he/she use guilt induction as a method of shifting responsibilities for his/her gambling on you? | Yes • No |
| Do you attempt to anticipate this person's moods, or try to control his or her life? | Yes • No |
| Do they ever suffer from remorse/depression from gambling, ever to the point of self-destruction? | Yes • No |
| Has the gambling ever brought you to the point of threatening to break up the family unit? | Yes • No |
| Do you feel that your life together is a nightmare? | Yes • No |