

These 20 Questions are from the Gamblers Anonymous Fellowship

All Information is Confidential!

Did you ever lose time from work or school due to gambling?	Yes • No
Has gambling ever made your home life unhappy?	Yes • No
Did gambling affect your reputation	Yes • No
Have you ever felt remorse after gambling?	Yes • No
Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?	Yes • No
Did gambling cause a decrease in your ambition or efficiency?	Yes • No
After losing, did you feel you must return as soon as possible and win back your losses?	Yes • No
After a win, did you have a strong urge to return and win more?	Yes • No
Did you often gamble until your last dollar was gone?	Yes • No
Did you ever borrow to finance your gambling?	Yes • No
Have you ever sold anything to finance gambling?	Yes • No
Were you reluctant to use “gambling money” for normal expenditures?	Yes • No
Did gambling make you careless of the welfare of yourself and your family?	Yes • No
Did you ever gamble longer than you had planned?	Yes • No
Have you ever gambled to escape worry or trouble?	Yes • No
Have you ever committed, or considered committing, an illegal act to finance gambling?	Yes • No
Did gambling cause difficulty in sleeping?	Yes • No
Do arguments, disappointments or frustrations create within you an urge to gamble?	Yes • No
Did you ever have an urge to celebrate any good fortune by a few hours of gambling?	Yes • No
Have you ever considered self destruction or suicide as a result of your gambling?	Yes • No

Most compulsive gamblers will answer ‘Yes’ to at least seven (7) of these questions.