



These 20 Questions are from the Gam-Anon Fellowship
Are You Living With A Compulsive Gambler?

Do you find yourself constantly bothered by bill collectors?	Yes • No
Is the person in question often away from home for long, unexplained periods of time?	Yes • No
Does this person ever lose time from work due to gambling?	Yes • No
Do you feel that this person cannot be trusted with money?	Yes • No
Does he/she promise to stop gambling; beg, plead for another chance, yet gamble again and again?	Yes • No
Does this person ever gamble longer than he or she intended to, until the last dollar is gone?	Yes • No
Does this person immediately return to gambling to try to recover losses, or to win more?	Yes • No
Do they gamble to solve financial problems/have unrealistic expectations about results of gambling?	Yes • No
Does this person borrow money to gamble with or to pay gambling debts?	Yes • No
Has their reputation suffered from gambling, even by committing illegal acts to finance gambling?	Yes • No
Have you hidden money, knowing that you/your family may go without food/clothing if you do not?	Yes • No
Do you search his/her clothes and/or wallet, or otherwise check on his/her activities?	Yes • No
Does the person in question hide his or her money?	Yes • No
Have you noticed a personality change in the gambler as his or her gambling progresses?	Yes • No
Does the person in question consistently lie to cover up or deny his or her gambling activities?	Yes • No
Does he/she use guilt induction as a method of shifting responsibilities for his/her gambling on you?	Yes • No
Do you attempt to anticipate this person's moods, or try to control his or her life?	Yes • No
Do they ever suffer from remorse/depression from gambling, ever to the point of self-destruction?	Yes • No
Has the gambling ever brought you to the point of threatening to break up the family unit?	Yes • No
Do you feel that your life together is a nightmare?	Yes • No