

Role of Financial Counseling in Problem Gambling



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GamFin

Financial counseling, training & support services
for problem gambling

gamfin.org



“Many mental health professionals feel uncomfortable discussing money with their clients, even if a client is struggling financially”

- Connecticut State DMHAS Workforce Development Trainings, [Working with People Presenting with Gambling Problems](#), (online training course)

Problems: What we've heard from providers

- Frequently, gambling-related financial issues are the primary driver for clients to seeking help
- Providers lack the financial education & support they need to support their clients
- Mental health providers want support from financial professionals who can **help individuals in financial distress**
 - *Not traditional financial advice, i.e., wealth management*
 - *Professional-to-professional partnerships to develop financial plans that support treatment & recovery*

Recovery



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graph TD; A((Recovery)) --- B((Financial counseling)); A --- C((Behavioral Health)); A --- D((Community support));
```

**Financial
counseling**

**Behavioral
Health**

**Community
support**

At GamFin

We partner with mental health providers to empower individuals and families to reach financial stability through ongoing support, resources and tools.





Financial Counseling

Consult with expert financial counselors who know how to support Problem Gambling treatment and recovery.



Funded by State Programs

No cost service for clients in several states. Funded by state governments / gambling tax revenue. No sales pitches, ads or fees.



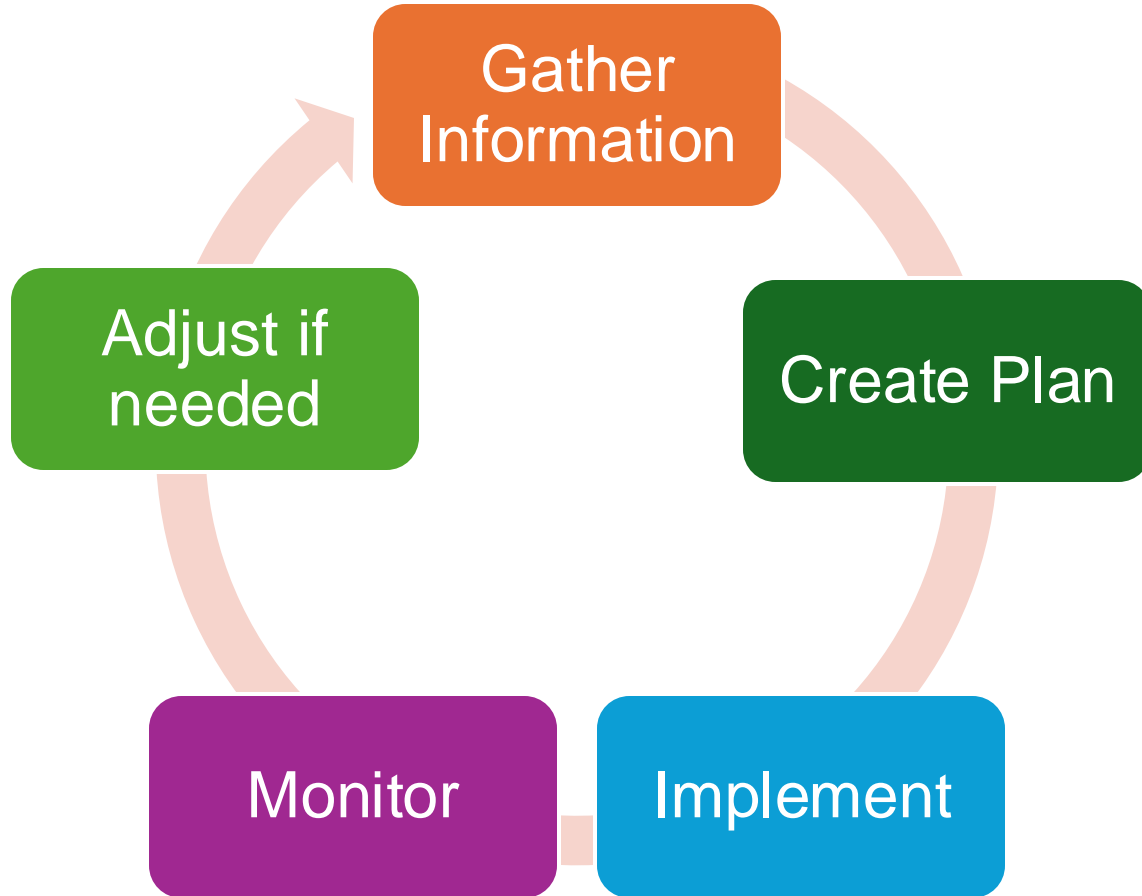
Available to individuals & loved others

Because treatment and recovery work best with the support of the loved ones around you.

**Book your session
with GamFin**

Learn more at
gamfin.org

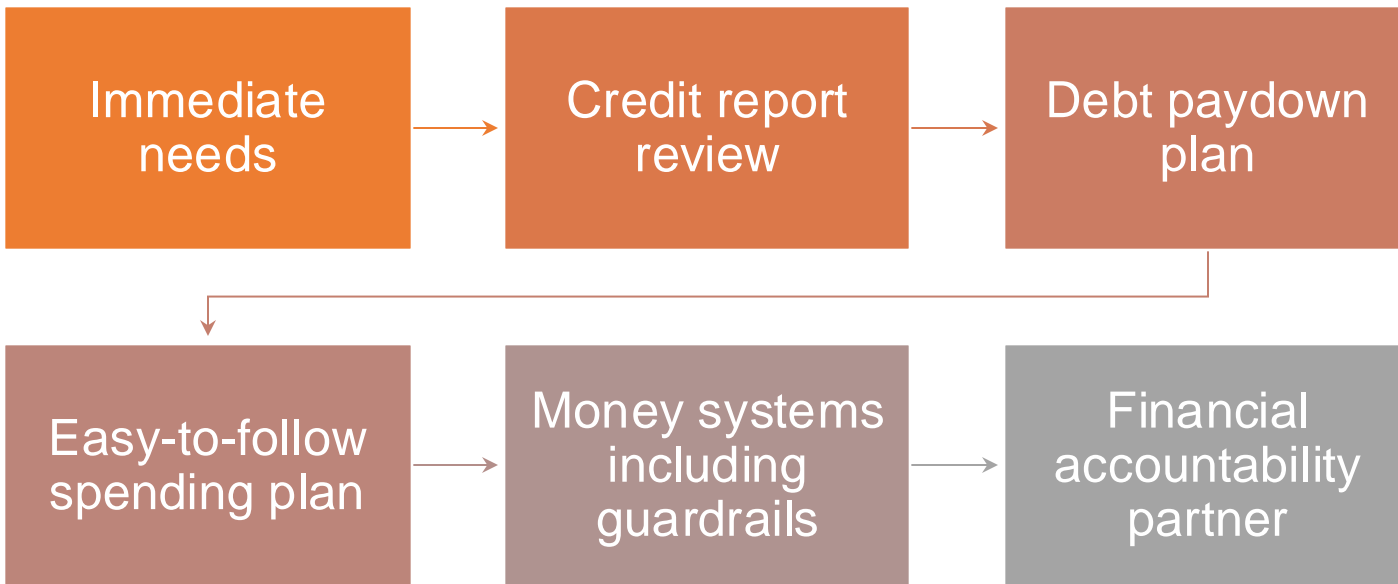
Financial Counseling Process



Create Plan

Monitor

Participants Receive



Money Guardrails – Protecting Assets and Accounts



**Provide a
framework to
make decisions**



Create:

- * Transparency**
- * Accountability**
- * Simplicity**



**Encourage Consumption
Smoothing**
“Goldilocks Approach”

Money Guardrail First Steps

Remove apps on phone and computer

Self-exclude (in-person or online apps)

Download blocking software

Freeze credit

Create Plan

Implement

Monitor

Setting Up
Money
Guardrails

Income

- Amount & Account

House
Account

- Expenses Correct?

Spending

- Track

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