

# GAMBLING DISORDER

*Can't Stop Gambling?*

*Worried about a  
friend or loved one?*

**There is help in  
Pennsylvania.**



**Council on  
Compulsive Gambling  
of Pennsylvania, Inc.**

**1-800-GAMBLER®  
or 1-800-848-1880**

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**[www.pacouncil.com](http://www.pacouncil.com)**

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## What Is Gambling Disorder?

Gambling Disorder occurs when someone is unable to control their gambling activities, and as a result, several areas of their lives may be negatively impacted.

It is estimated that this chronic, progressive disorder impacts the lives of over five million people in the United States.

### *Some warning signs include:*

- Gambling more than planned
- Trouble paying bills/debts
- Lying about where money goes
- Borrowing to continue gambling
- Chasing losses
- Problems at home, work or school

Gambling Disorder can impact anyone.  
With help, recovery is possible.

For more information or assistance, contact the 24/7 toll-free Pennsylvania Helpline at 1-800-GAMBLER® or 1-800-848-1880.

All calls are confidential.



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Compulsive Gambling  
of Pennsylvania, Inc.**

*The Council on Compulsive Gambling of Pennsylvania is a nonprofit organization whose focus is to raise awareness and disseminate information through educational workshops on disordered gambling, and to facilitate referrals for assistance through the use of helpline services.*

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