# GAMBLING DISORDER

## Can't Stop Gambling?

# Worried about a friend or loved one?

## There is help in Pennsylvania.



### 1-800-GAMBLER<sup>®</sup> or 1-800-848-1880

www.pacouncil.com

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### What Is Gambling Disorder?

Gambling Disorder occurs when someone is unable to control their gambling activities, and as a result, several areas of their lives may be negatively impacted.

It is estimated that this chronic, progressive disorder impacts the lives of over five million people in the United States.

#### Some warning signs include:

- Gambling more than planned
- Trouble paying bills/debts
- Lying about where money goes
- Borrowing to continue gambling
- Chasing losses
- Problems at home, work or school

Gambling Disorder can impact anyone. With help, recovery is possible.

For more information or assistance, contact the 24/7 toll-free Pennsylvania Helpline at 1-800-GAMBLER<sup>®</sup> or 1-800-848-1880.

All calls are confidential.



The Council on Compulsive Gambling of Pennsylvania is a nonprofit organization whose focus is to raise awareness and disseminate information through educational workshops on disordered gambling, and to facilitate referrals for assistance through the use of helpline services.

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