



Website:  
www.pgcb.state.pa.us

E-mail:  
problemgambling@state.pa.us

Address:  
Pennsylvania Gaming Control Board  
P.O. Box 69060  
Harrisburg, PA 17106-9060  
Attn: Office of Compulsive and Problem Gambling

Cut & mail.

PLACE  
POSTAGE  
HERE

PGCB  
Office of Compulsive and Problem Gambling  
P.O. Box 69060  
Harrisburg, PA 17106-9060

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## Gamblers Anonymous 20 Questions

1. Did you ever lose time from work or school due to gambling?
2. Has gambling ever made your home life unhappy?
3. Did gambling affect your reputation?
4. Have you ever felt remorse after gambling?
5. Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?
6. Did gambling cause a decrease in your ambition or efficiency?
7. After losing did you feel you must return as soon as possible and win back your losses?
8. After a win did you have a strong urge to return and win more?
9. Did you often gamble until your last dollar was gone?
10. Did you ever borrow to finance your gambling?
11. Have you ever sold anything to finance gambling?
12. Were you reluctant to use "gambling money" for normal expenditures?
13. Did gambling make you careless of the welfare of yourself or your family?
14. Did you ever gamble longer than you had planned?
15. Have you ever gambled to escape worry or trouble?
16. Have you ever committed, or considered committing, an illegal act to finance gambling?
17. Did gambling cause you to have difficulty in sleeping?
18. Do arguments, disappointments or frustrations create within you an urge to gamble?
19. Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
20. Have you ever considered self destruction or suicide as a result of your gambling?

If you answer "yes" to at least seven of these questions, you may be a compulsive gambler.

Call the Council on Compulsive Gambling  
of Pennsylvania Helpline at  
1-800-GAMBLER or 1-800-848-1880



Office of Compulsive and Problem Gambling

## Self-Exclusion PROGRAM



## What is self-exclusion?

Self-exclusion is a process that allows a person to request to be excluded from all legalized gaming activities and to be prohibited from collecting any winnings, recovering any losses or accepting complimentary gifts or services or any other thing of value at any licensed facility. Self-exclusion only applies to the gaming floor of the licensed gaming facilities in the Commonwealth of Pennsylvania.

## How do I get placed on the Self-Exclusion List?

A person may have his or her name placed on the Self-Exclusion List by submitting, in person, a completed request for self-exclusion to the Pennsylvania Gaming Control Board. The request form can be found on the PGCB website. The submission may be made by scheduling an appointment at the PGCB Harrisburg Office, one of the PGCB's regional offices or a PGCB office in a licensed facility. To make an appointment call the Office of Compulsive and Problem Gambling at 717-346-8300.

## The request for self-exclusion requires the following identifying information:

1. Name, including any aliases or nicknames.
2. Date of birth.
3. Address of current residence.
4. Telephone number.
5. Social Security number, when voluntarily provided in accordance with section 7 of the Privacy Act of 1974 (5 U.S.C. § 552a).
6. Physical description, including height, weight, gender, hair color, eye color and any other physical characteristic that may assist in identification.
7. Government-issued photo identification such as driver's license or passport.

## Can I place a family member with a gambling problem on the Self-Exclusion List?

No. A person cannot place another person on the Self-Exclusion List. Placement on the list is entirely voluntary and must be done by the individual seeking exclusion.

## May I mail the self-exclusion request to the PGCB office?

No. The person submitting the request for self-exclusion must apply in person to the PGCB office or other approved

locations to be photographed, and will be required to present a valid government-issued photo identification containing the person's signature and photograph.

## How long will I be on the Self-Exclusion List?

The person submitting the request for self-exclusion may request to be excluded from gaming activities for a minimum length of one of the following:  
One year (12 months); Five years; or Lifetime.  
Self-exclusions do not expire.

## Can my name be removed from the Self-Exclusion List?

Self-exclusions for 1 or 5 years remain in effect until the self-excluded person requests removal from the PGCB's Self-Exclusion List. A person may, upon the conclusion of the minimum period of self-exclusion, request to be removed from the Self-Exclusion List by calling 717-346-8300. Individuals who choose the lifetime ban are unable to request removal from the Self-Exclusion List.

For more information on the Self-Exclusion List removal process call the Office of Compulsive & Problem Gambling at 717-346-8300.

## What will happen after I sign up for self-exclusion?

Licensed facilities must refuse wagers from and deny gaming privileges to any self-excluded person; deny check cashing privileges, player club memberships, complimentary goods and services, junket participation and other similar privileges and benefits to any self-excluded person; ensure that self-excluded persons do not receive junket solicitations, targeted mailings, telemarketing promotions, player club materials or other promotional materials relating to gaming activities at its licensed facility; and may exclude self-excluded persons from their properties in other jurisdictions.

After a person is placed on the Self-Exclusion List, a licensed facility must refuse to accept the person's wagers. The person will be subject to arrest for trespass. A self-excluded person who has gambled while on the Self-Exclusion List may not collect in any manner or in any proceeding any winnings or recover any losses arising as a result of any gaming activity for the entire period of time that the person is on the Self-Exclusion List. Any winnings issued to, found on or about or redeemed by a self-excluded person shall be remitted to the PGCB to support compulsive and problem gambling programs of the PGCB.

For more information on the PGCB Self-Exclusion Program and to print out a copy of the Self-Exclusion Request Form, visit the PGCB website.

[www.pgcb.state.pa.us](http://www.pgcb.state.pa.us)

OR

To receive the Self-Exclusion Request Form by mail, fill out the postcard below and mail it to the PGCB main office.

Cut & mail. →

**Please send me more information on the  
PGCB Self-Exclusion Program**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cut & mail. ↓